

APRIL 2009

Welcome to this month's edition of the Mana Swimco Newsletter. We hope you find our swimming news both an informative and enjoyable read.



2009 Annual General Meeting of Mana Swimco Incorporated will be held at the Te Rauparaha Arena, Porirua on Tuesday, May 26th, 2009 commencing at 6.00pm.

MANA DIVISION III – 4th April 2009 Wellington Regional Aquatic Centre

On 4 April Mana Swimco held our annual Division III Fundraising meet. Usually this meet is held at the Cannons Creek Pool but this year it was moved to the Wellington Regional Aquatic Centre in Kilbirnie. This allowed the swimmers to enjoy the best technology available - touch pads/electronic timing and electronic scoreboards, The change in venue attracted many more swimmers. 181 swimmers took part with 27 coming from our club. The meet was very successful and we've received a lot of positive feedback from other clubs participating.

Many thanks to the parents and older swimmers that helped the meet run smoothly by undertaking all the duties required, time keeping, marshalling, announcer, office, refreshments, team managing, running the computers and electronic timing equipment, IOTs, referee, spot prizes, medal presenters to name a few.

As mentioned above we had a team of 27 swimmers, some had never swum at this pool before and it can be a bit daunting for newcomers, so well done to you all! We had a number of swimmers making finals and winning medals. Congratulations to the following swimmers: -

Girls:

Dannielle Gaulofa	(12yr)	1 st 100free, 1 st 100IM, 1 st 100back and 2 nd 100breast
Hinewaka Hokianga	(12yr)	9 th 100IM, 10 th 100back
Kate Jenkins	(14yr)	1 st 100breast, 5 th 100IM, 5 th 100back, 7 th 100free
Brooke Marsters	(12yr)	5 th 100free, 6 th 100back, 10 th 100breast
Letitia Saunders	(13yr)	1 st 100back, 2 nd 100IM, 3 rd 100free, 4 th 100breast, 4 th 100fly
Matisse Utuilelata	(10yr)	2 nd 100free, 3 rd 100breast, 4 th 50fly
Hayley Wilkins	(13yr)	4 th 100back, 5 th 100fly, 6 th 100free, 6 th 100IM, 10 th 100breast

Boys:

Reegan Gaulofa	(10yr)	1 st 100IM, 1 st 100breast, 3 rd 100free, 9 th 100back
Jordan Harris	(8yr)	6 th 100back
Grant Hawthorne	(14yr)	2 nd 100breast, 3 rd 100free, 3 rd 100IM, 3 rd 100back
Liam Kennedy	(10yr)	2 nd 100free, 4 th 100Im, 5 th 100breast, 8 th 100back
Brett McBride	(9yr)	10 th 100free, 10 th 100breast
Ryan McBride	(11yr)	4 th 100breast, 6 th 100free
Oliver Smith	(12yr)	9 th 100breast, 10 th 100free
DJ Stapleton	(12yr)	7 th 100free, 7 th 100fly, 10 th 100back, 10 th 100IM
TJ Tulepu	(11yr)	2 nd 100free, 4 th 100IM
Callum Watts-Pointer	(10yr)	5 th 100IM, 6 th 100breast

Some of our Div III Heroes



RESULTS

Gold Coast Woolahara Trophy Carnival – 15th February 2009

The first Gold Coast event for 2009 held at Cannons Creek was well attended by Mana swimmers. We had new swimmers having a go at their first events, other swimmers updating their times and going for those personal best ribbons and some of our squad swimmers aiming to get to the next level competitions i.e. Div 2 or National Age Groups.

It was great seeing the older swimmers helping the younger ones. The relay teams went hard out and Mana won the senior section, and the younger swimmers relay also did extremely well. As joint team managers it was a pleasure managing such a well-behaved and enthusiastic group of young athletes - Team managers: Heather & Onolata

Palmerston North Summer Carnival – 1st March 2009

Only two swimmers attended this meet at the end of February, Nicole Tait and Ben Turner. Their aim was a last ditch effort to get additional Div 2 times. Nicole swam two PB's and achieved another Div 2 time but Ben was not well but did get close to his PBs.

The Palmerston North club provided a really good meet at a venue in the midst of alterations - Team manager: Kevin Turner

Club records since January 2009

Congratulations to the following swimmers who have broken club records in recent weeks.

National Age Groups Championships 3-7 March

Deborah Lynch	16	50	Fly	31.14	31.97	Deborah Lynch	19.01.09	50
Deborah Lynch	16	100	Fly	1.11.49	1.22.68	Shannon Fugle	26.10.02	51
Deborah Lynch	16	100	Breast	1.23.02	1.29.82	Haidee Rich	26.10.02	52
Bronagh Ryan	15	50	Breast	35.57	36.31	Bronagh Ryan	19.01.09	53
Bronagh Ryan	15	200	Breast	2.53.51	2.53.64	Bronagh Ryan	19.01.09	54

Interclub League 2009

Thanks to all those who made themselves available for this competition. Mana Swimco intended entering three teams, as we have done in the past, but unfortunately the league has been over subscribed and Mana can only enter two teams. To only have two teams and to have to work around the age group restrictions that apply has meant that unfortunately a number of swimmers have missed out – those selected are listed on the noticeboard.

MANA SWIMCO CLUB CHAMPIONSHIPS

Friday 22nd May and Monday 25th May 2009.

6pm warm up for a 6.30pm start.

Age as at 22nd May 2009.

Over the years Mana Swimco has had over fifty cups and trophies donated and these are swum for at our Annual Championships. The Cups and Trophies are in age groups 9yrs and under, 10/11yrs, 12/13yrs, 14/15yrs and Open, cover four strokes, as well as medley, with separate events for boys and girls.

As well as the Cups and Trophies events, 'Age Groups' races are held in individual age groups from 6yrs and under up to 17yrs and over, and the points earned in these races (1st 8, 2nd 5, 3rd 3, and one for all others participating) contributed to the Age Group medals.

Both the Age Group medals and Cups and Trophies will be presented at our Prize Giving. (Further details will follow, re the date, format etc.)

To give our swimmers a chance to record official times these Championships will be run as an official meet.

As many of the age group events are the same as the Cups and Trophy events the programme has been streamlined so no one will swim the same distance/stroke twice, but the results from one swim may count for both the Cups and Trophies and the Age Group points. All events will be swum graded/scratch, that is, from slowest to fastest (like the Gold Coast Meets) with boys and girls swimming separately.

The events are listed on the pages after this sheet.

Events 1 to 17 are swum on Friday 22nd and events 18 to 31 are being swum on Monday May 25th. Swimmers will need to take care when doing their entries to be sure they enter all the races they wish to swim and are eligible for. Entries will close on Friday 18th May, late entries will not be accepted.

If you study the events list you will note the comments under each event.

Take event 20, for example – results from this race will contribute to the Age Group points for 6yrs and under, and for 7yr olds. In event 14, the results contribute to the Age Group points for 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17yrs and over as well as the Thompson Cup for 10/11yrs, the Willis St Driving School Cup for 12/13yrs, the Lydia Robati Cup for 14/15yrs and the Sutherland Cup for Open swimmers.

Sometimes a swimmer may need to swim a stroke twice over different distances if they wish to compete both for the Age Groups medals and the Cups in their Age Group – for example 10yrs girls can swim 50 butterfly in event 26 for their age group points and then swim 100 fly in event 28 to compete for the Painter Cup for 10/11yrs.

We would like everyone to 'Have a Go' at these Championships – there are many events on the programme, I am sure everyone will find something they are comfortable to swim.

Obviously we will need help to run these Championships – officials will be called for on the night. As this is an 'official' meet we must have three timekeepers on each lane, at least two IOT's at each end of the pool, as well as a qualified referee, stroke inspector, and starter.

If there are any queries see Viv Morton or Sarah Tait

FRIDAY 22ND MAY – SESSION 1

- 1 Girls 11 & Over 200 Freestyle**
Brown Cup - Open
- 2 Men 11 & Over 200 Freestyle**
Byrne Cup - Open
- 3 Girls 10 & Under 50 Freestyle**
Adams Trophy 9yrs and under
Age Groups 8yrs, 9yrs, 10yrs.
- 4 Boys 10 & Under 50 Freestyle**
Ropata Trophy 9yrs and under
Age Groups 8yrs, 9yrs, 10yrs.
- 5 Mixed 16 & Over 50 Freestyle**
Aotea Painting and Decorating Cup
- 6 Girls 7 & Under 25 Freestyle**
Age Groups 6yrs and under, 7yrs
- 7 Boys 7 & Under 25 Freestyle**
Age Groups 6yrs and under, 7yrs.
- 8 Girls 10 & Over 100 Freestyle**
Age Gr. 11y,12y,13y,14y,15y,16y 17&O
Hunter Cup 10/11yrs,
Roberts Photography Cup 12/13yrs,
Church Cup 14/15yrs
- 9 Boys 10 & Over 100 Freestyle**
AGs 11y,12y,13y,14y,15y,16,17&O
10/11yrs Hunter Cup
12/13yrs Ascot Park Cup
14/15yrs Judd Cup
- 10 Girls 10 & Under 50 Backstroke**
9yrs and under Mills Cup
AGs 8yrs, 9yrs, 10yrs
- 11 Boys 10 & Under 50 Backstroke**
9yrs and under Morton Cup
AGs 8yrs, 9yrs, 10yrs.
- 12 Girls 7 & Under 25 Backstroke**
AGs 6yrs and under, 7yrs.
- 13 Boys 7 & Under 25 Backstroke**
AGs 6yrs and under, 7yrs.
- 14 Girls 10 & Over 100 Backstroke**
AGs 11y,12y,13y,14y,15y,16,17&O
10/11 Thompson Cup,12/13 Willis St
Driving Sch.Cup, 14/15 L.Robati Cup
Open Sutherland Cup
- 15 Boys 10 & Over 100 Backstroke**
AGs 11y,12y.13y.14y,15y,16y,17&O
10/11 Ryan Coom Trophy, 12/13 Willis St
Driving Sch.Cup, 14/15 Wall Cup
Open Skinner Cup
- 16 Girls 10 & Over 200 IM**
Four Mana Swimco Cups - one each
10/11y, 12/13y, 14/15y and Open
- 17 Boys 10 & Over 200 IM**
Four Mana Swimco Cups - one each for
10/11y, 12/13y, 14/15y and Open

MONDAY 25TH MAY – SESSION 2

- 18 Girls 10 & Under 50 Breaststroke**
9yrs and under Matthews Cup
AGs 9yrs, 10yrs.
- 19 Boys 10 & Under 50 Breaststroke**
9yrs and under Curd Cup
AGs 9yrs, 10yrs.
- 20 Girls 8 & Under 25 Breaststroke**
AGs 7yrs and under, 8yrs.
- 21 Boys 8 & Under 25 Breaststroke**
AGs 7yrs and under, 8yrs.
- 22 Girls 10 & Over 100 Breaststroke**
AGs 11y,12y.13y.14y,15y,16y,17&Over
10/11 P&Z Decorating Cup, 12/13 yrs
Reader/Gordon Cup, 14/15 Maraku Cup
Open Clare Cup
- 23 Boys 10 & Over 100 Breaststroke**
AGs 11y,12y,13y,14y,15y,16y,17&Over
10/11 Clinch Cup, 12/13 Post Cup,
14/15 Maraku Cup
Open McCarron Cup
- 24 Girls 9 & Under 25 Butterfly**
AGs 8yrs and under, 9yrs.
- 25 Boys 9 & Under 25 Butterfly**
AGs 8yrs and under, 9yrs.
- 26 Girls 13 & Under 50 Butterfly**
9yrs and under Camille Coom Trophy
AGs 10yrs,11yrs,12yrs,13yrs.
- 27 Boys 13 & Under 50 Butterfly**
9yrs and under Roberts Cup
AGs 10yrs, 11yrs, 12yrs, 13yrs.
- 28 Girls 10 & Over 100 Butterfly**
AGs 14y, 15y, 16y, 17y & over
10/11 Whitby Cup, 12/13 Willis St
Driving Sch Cup, 14/15 Fozard Cup
Open Janssen Trophy.
- 29 Boys 10 & Over 100 Butterfly**
AGs 14y, 15y, 16y, 17y & Over
10/11 Painter Cup, 12/13 Willis St
Driving Sch Cup, 14/15 Morton Cup
Open Berryman Cup
- 30 Girls 7 & Over 100 IM**
9yrs and under Mana Swimco Cup
AGs 9 years and under, 10yrs, 11yrs,
12y, 13y, 14y, 15y, 16y, 17& over
- 31 Boys 7 & Over 100 IM**
9yrs and under Mana Swimco Cup
AGs 9yrs and under, 10yrs, 11yrs
12y, 13y, 14y, 15y, 16y, 17 & Over

UPCOMING EVENTS

DATE	EVENT	VENUE	NOTES
MAY			
Saturday 2 nd	Masterton Meet	Wellington Regional Aquatic Centre, Kilbirnie	Flyer on the notice board
Sunday 10 th	Interclub League 12yrs & Under Session 1	Cannon's Creek Pool	Teams on the noticeboard
Sunday 17 th	Mana Novice Competition	Cannon's Creek Pool	Flyer on the noticeboard Closes 8 th May
Friday 22 nd	Club Championships Session 1	See flyer in this newsletter	See flyer in this newsletter
Saturday 23 rd	Karori Meet	Wellington Regional Aquatic Centre	Flyer on the noticeboard Closes 8 th May
Sunday 24 th	Interclub League 12yrs & Under Session 2	Cannons' Creek	Teams on the noticeboard
Monday 25 th	Club Championships Session 2	See flyer in this newsletter	See flyer in this newsletter
JUNE			
Sunday 7 th	Interclub League 12yrs & Under Session 3	Cannon's Creek Pool	Teams on the noticeboard
Saturday 13 th	Swim Wellington Relay Championships	Tawa	Flyer to come
Sunday 21 st	Interclub League 12yrs & Under Session 4	Cannon's Creek Pool	Teams on the noticeboard
Saturday 27 th	Raumati Meet	Huia Pool	Information to come
NB. If you require a list of your times, please email Sarah Tait thetaits@inspire.net.nz			

Mana Swimco Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Eileen Adams	237 8946
Treasurer	Sandra Marks	234 8949
Race Secretary	Sarah Tait	237 5588
Club Captain/Squad Liaison	Onolata Little	
Squad Liaison	Matt Trlin	233 0934
Officials Contact	Margriet Lynch	233 8401

Contact Details Database

We are continually updating our club records and e-mail contact list. If your home address, e-mail addresses and contact phone numbers have changed please ensure you let us know and can keep you informed. Can families please send their name, home address and current e-mail address to: -manaswimco@paradise.net.nz or alternatively advise the person on duty at the club table.



MANA SWIMCO would like to thank the NZ Community Trust for their support in providing a grant towards our pool hire costs.

Review of Officials

A review of Mana Swimco race officials (those dedicated volunteers, officials & administrators working behind the scenes) shows we have the following individuals recorded as qualified in the following roles. If you are qualified in a role in any capacity and your name is not on the list or if the information below or if the information is not correct please notify Margriet Lynch (233 8401).

Surname	First Name	Timekeeper	IOT	Recorder	Referee	Starter
Eileen	Adams	TK	IOT			
Stephan	Collard	TK				
Jo	Davey	TK				
Lance	Duckett	TK				
Lynda	Eason	TK*	IOT*			
Linda	George	TK				
Jo	Grace	TK				
Gillian	Kalafetalis	TK*	IOT*	Recorder	Referee	
Luke	Lee	TK				
Blair	Loveday	TK				
Mike	Lynch	TK				
Margriet	Lynch	TK				
Christine	Marsters	TK				
Craig	Marsters	TK				
Matt	Meehan	TK*	IOT*		Referee	Starter
Vivien J	Morton	TK				
Onolata	Little	TK				
Glenn	Saunders	TK				
Graham	Seagull	TK	IOT			Starter
Steve	Shields					
David	Stapleton	TK				
Mark	Styles	TK				
Greg	Tait	TK				
Sarah	Tait	TK				
Murray	Trott	TK	IOT			
Kevin	Turner	TK				

At our Div III it was apparent that some swimmers could have been better prepared for the day's competition. The Kilbirnie Pool like most in the region is not as warm as Cannons Creek. Therefore it is essential that swimmers -

- Take warm clothing, including shoes and socks to wear between races
- Bring two or three towels
- Bring dry clothes to change into after the event
- Bring a water bottle or two to stay hydrated
- Bring snacks (not lollies) and fruit to have pool side

Club sessions - Queens Birthday weekend

Club sessions have been cancelled on Sunday 31st May and Monday June 1st.

Cup and Trophies – all cups and trophies won at last year's clubs champs are to be returned to Mrs Adams by the middle of May. Please ensure that they are cleaned and polished before they are returned.

NOTICE OF MEETING



Notice is hereby given that the 2009 Annual General Meeting of

Mana Swimco Incorporated will be held at the Te Rauparaha Arena, Porirua on Tuesday, May 26th, 2009 commencing at 6.00pm.
(Mana Swimco will pay the entry fee for Club members to have a swim at the Aquatic Centre, while the AGM is being held.)

AGENDA

1. **Welcome**
2. Apologies
3. Minutes of the 2008 Annual General Meeting
4. Minutes of the Special General Meeting held on 27th September 2008
5. Matters Arising
6. President's Report
7. Treasurer's and Auditors Report
8. Coaches report
9. Election of Officers – Patron, President, Vice-President, Club Captain, Vice-Club Captain, Secretary, Treasurer, Registrar, Race Secretary, Hon. Auditor.
10. Committee Members. (The committee shall comprise not less than 10 and no more than fifteen persons, including the officers and excluding the Patron and Auditor.)
11. Notices of motion, as notified to the Secretary not less than 21 days prior to the meeting.
12. Update on the Merger.
13. General business.

Note – Only those who have been financial members of Mana Swimco for at least 30 days have voting rights at this meeting. A financial member is entitled to one vote. The voting rights of members under 18yrs may be exercised by that member or the member's parents or guardians. It is expected that the voting rights of members 13yrs and under will be exercised by the members parent or guardian.

Nomination form. I wish to nominate _____ for the position of _____ or as a committee member on MSC's 2009/2010 committee.

I accept nomination _____ (to be signed by the person being nominated.)

Nominated by _____ Seconded _____

Completed nominations forms are to be placed in the black letter box on the wall in the storeroom at Cannons Creek Pool, or given/posted to the secretary Mrs Eileen Adams, 39 Tweed Road, Papakowhai, 5024. While nominations will be taken on the night it does speed up proceedings to have advance notice of nominations.