

February 2008

Welcome back! We hope you have all had a Merry Christmas and an enjoyable start to the New Year.



The Mana Swimco Committee would like to thank those parents who gave up their holidays to attend our Squad Swim Camp. Matt Trlin, Carolyn Loveday, Jacqui Watts-Pointer, and Margriet Lynch. Without your help Swim Camp couldn't have gone ahead. Thank you.

Congratulations to the following swimmers who have qualified for the New Zealand Junior Nationals on 16th – 17th February

Jonathan Hunter, Dannielle Gualofa, Susannah Lynch, Nicola Trott, Trent Shields and Hamish Trlin

Good luck!

The NZ Juniors Nationals is the first of Swimming NZ's four National Championships/Competitions that will be held over February and March. Qualifying to swim at any one of these meets is an achievement and it is pleasing the Mana Swimco will be represented at all four meets this year. The NZ Juniors Nationals will be held at three venues (Hamilton, Wellington and Dunedin) over the same weekend with the times collated to give a National result. NZ's top age groups swimmers (13yrs to 18yrs) will compete at the National Age Groups (NAGs) in Christchurch from 4th to 8th March while those who just miss qualifying for NAGs will swim at the National Division II meet in Wellington 19-22nd March. For many the highlight of the year will be the National Open Championships, which are doubling as the Olympic Trials to be held in Auckland from 25th to 30th March. For Benoit and our squad swimmers this will be a very busy time... and we wish them well.

MEMBERSHIP FEES FROM 1ST JANUARY – 30TH JUNE 2008

In line with Swimming NZ, Mana Swimco is transitioning its membership year from April – March to July – June. The table below shows the fee structure that will be applied during the period of transition (January – June 2008).

Existing members should already be paid up until 31 March 2008. A one-off payment of \$35 will be due from these members in April to cover their membership from 1 April to 30 June 2008.

A single tiered membership fee is due from new members who join between January and June 2008. They must complete a membership enrolment form. Each new member will receive a free cap on receipt of their membership fee payment.

Transition Fee Structure January – June 2008

Month	Members pre 31 December 2007	Due on new members joining
January/February	-	\$60.00
March	-	\$50.00
April	\$35.00	\$40.00
May	-	\$35.00
June	-	\$25.00

Camp Report Palmerston North Boys' High School

A full report from our Summer Swim Camp will be placed in the next newsletter. But here are a couple of briefs from swimmers who attended.



Summer Camp 2008 was really cool! We stayed in the Palmerston North Boy's High dormitories, which was a really good facility. We swam in the morning at the Palmerston North Boy's pool and nightly at the 50m outdoor Lido pool. As well as swimming we did orienteering, which was a challenge, games in the gym, team competitions i.e. paper, scissors, rock, and we

went to town and had lunch and a movie. I really enjoyed camp and would like to thank Matt, Ben, Lynn and the adults that assisted us. Holly Jenkins

This year's camp was awesome with fun activities such as banner making, indoor cricket and the survivor series. The training's were hard and challenging but worthwhile. It was great having Lyn there with us. Overall it was really a great experience. Bronagh Ryan

Mana Summer Swim Camp 2008 – photos

A photo album with pictures from the summer swim camp is available for viewing from the gear room. Please feel free to view this and return it to the gear room when finished. Order forms for reprints of photos, along with instructions for making orders, are attached with the album. Reprints will cost \$1 each for a standard size photo.

Cash orders for reprints will be taken until the evening of **Monday 18 February 2008** and must be handed directly to Matt or Katrina Trlin. If you have any questions relating to making an order or have any difficulties in touching base with Matt or Katrina to place your order please text or call matt on 027 2440400.

RESULTS

Mitch Tait Memorial Meet – October 2007

Three keen and eager Mana swimmers made the trek over the hill to the Masterton Swimming Club's Mitch Tait Memorial Meet in October. The Mana team of Cassie Armitage, Nicola and

Katie Trott was added to by the inclusion of Murray Trott (age withheld for sensitivity) who participated in the two Masters races on offer at the meet.

All our swimmers had some great swims with Cassie achieving a 6-second pb in her 200 medley and a 2-sec pb in the 50 fly. Katie got a pb in her 100m breaststroke whilst Nicola was the best performed Mana Swimco swimmer picking up a 2nd and 3rd placing in her 2 swims. The highlight of the meet however was the Masters 100m breaststroke swim by Murray. The race was a handicap event and he had to wait 29 seconds before starting but won the race by a fingertip, a sign of great handicapping and a very exciting finish. Murray was very well supported by the entire Mana crew, most of who really enjoyed shouting out "Go Dad". He won a stunning trophy and now has to attend the same meet next year to defend it.

The meet formed a part of the Masterton club's centenary celebrations and the format of the meet, which provided some masters events, made for a fun occasion. The Masterton club was very welcoming and its pool is well located adjacent to a good café, which makes very fine latte and Russian fudge (important info for the support crew). The proximity of the mini putt course opposite the pool also saw that well patronised, along with the Mr. Whippy. A good day out for all!

October Carnival – 27th October 2007

We may have been a small team at this meet but you always knew when a Mana swimmer was competing. Well done to Reegan Gaulofa, Jonathan Hunter, Trent Shields, Hamish Trlin, Dannielle Gaulofa, Keely Saunders and Natasha Smith who achieved some awesome personal bests. A great night had by all the team that included Kahu Styles, Matariki Styles, Callum Watts-Pointer, Clare Lechner, Bronagh Ryan and Letitia Saunders.

Thank you to Glenn Saunders for being our team manager and the parents who helped with official duties on the night.

Manawatu Championships – 11th – 13th January

These champs were held over the weekend of the 12th January which happened to coincide with the completion of our Summer Camp, so Mana had a large team of 36 swimmers including: -

Logan Beasley, Jason, Rory and Sophie Eason, Mary Fisher, Danielle Gaulofa, Emma Hoare, Jonathon Hunter, Kate and Holly Jenkins, Clare Lechner, Nicole and Brianna Loveday, Deborah, Susannah and Aaron Lynch, Vanessa McKenzie, Jordan Mellars, Ben Turner, Stephanie and Callum Watts-Pointer, Bronagh Ryan, Letitia Saunders, Rosalie and Trent Shields, Natasha Smith, Craig and DJ Stapleton, Kahu and Matariki Styles, Nicole and Bridget Tait, Hamish and Josh Trlin, Nicola and Katie Trott.

All swimmers swam well, the Mana team completed 121 swims with 36% of those being personal bests- a fantastic result given how tired everyone was (post swim camp), and given the searing poolside temperatures.

The team returned awesome results of 4 golds, 3 silvers and 2 bronze finishes, and a number of swimmers achieving a number of qualifying times for national events. Top 7 placings were achieved by: -

Jason Eason (1st, 200 Free, Open Men; 1st, 50 Fly, Open Men; 1st, 200 IM, 15+ Men)

Rory Eason (2nd, 200 Breast, Open Men; 2nd, 200IM, 15+ Men)

Trent Shields (1st, 200IM, 11-12 Men)

Hamish Trlin (2nd, 200IM, 10& under Men)

Susannah Lynch (3rd, 200IM, 11-12 Women)
 Kahu Styles (3rd, 100 breast, 15+ Men)
 Bronagh Ryan (4th, 100 Breast 13/14 women)
 Matariki Styles (4th, 100 Breast 13/14 Men)
 Deborah Lynch (6th, 50 Fly Open Women; 5th, 200IM 15+ Women)
 Jonathan Hunter (6th, 200IM, 11-12 Men)
 Nicola Trott (6th, 200IM, 11-12 Women; 7th, 200 Breast, Open Women)

Swims of note included an outstanding performance by Nicola Trott (12) to make the open final for the women's 100 breast, and massive consecutive swims by Trent Shields (taking 23 seconds off his personal best) to win the 11-12 Men's 200IM. The whole team provided huge support to all our swimmers- showing great team spirit.

Well done everyone. Thank you to Matt Trlin for managing the team.

Wellington Summer Championships – 18th – 21st January

Wow! Where do I start? Mana Swimco had a team of 33 swimmers at this meet. The atmosphere was great with much excitement, yelling, cheering (many parents were sounding a bit horse on Tuesday!) and too many highlights to mention.

A few highlights, which stick out for me, were Jason Eason's Gold medal swim in the 100m free final, Susannah Lynch standing proud receiving her Gold Medals and Trent Shields swimming his 200IM. Katie Trott up receiving her Bronze Medals, Clare Lechner making a NAGS time, Joshua Trlin and Aaron Lynch fighting for 3 place in the 50 Brst (Josh beat Aaron by .05 splits). Ben Turner winning Bronze in his 200Brst and Dannielle Gaulofa making Junior Nationals in 100 and 200 Brst, Hinewaka who was swimming in her first ever major meet coming 4th in her 50 brst, like I said WOW!

Our team this year were: -Logan Beasley, Jason Eason, Rory Eason, Sophie Eason, Dannielle Gaulofa, Stephanie George, Emma Hoare, Hinewaka Hokianga, Jonathan Hunter, Holly Jenkins, Clare Lechner, Brianna Loveday, Nicole Loveday, Aaron Lynch, Deborah Lynch, Susannah Lynch, Bronagh Ryan, Letitia Saunders, Rosalie Shields, Trent Shields, Natasha Smith, DJ Stapleton, Kahu Styles, Matariki Styles, Bridget Tait, Nicole Tait, Hamish Trlin, Josh Trlin, Katie Trott, Nicola Trott, Ben Turner, Callum Watts-Pointer and Stephanie Watts-Pointer.

Thank you to all the parents for rising early each day to make sure the swimmers were at the pool by 7am ☺ and to all the parents who officiated in some way and helped with club duties on the Monday. Thanks to myself ☺, Viv and Jo Grace for office duties. To Matt Trlin, Sarah Tait, Heather Turner, Pauline Ryan, Sandra Bednarek, Margriet Lynch for managing our team.

Congratulations to all our swimmers, you all swam really well. To those swimming in the upcoming National meets Good Luck.

Overall Mana Swimco came 5th on the club points table, just ahead of the Porirua and Tawa Clubs.

Sharing medals is not something that happens very often in swimming especially when times are taken out to the 100th of a second.....but Jason did just that in the 200m freestyle and came in equal second – what a finish!

WELLINGTON SUMMER CHAMPIONSHIPS MEDAL TALLY			
NAME	GOLD	SILVER	BRONZE

Jason Eason	2	4	
Rory Eason		3	
Susannah Lynch	5	1	
Trent Shields		3	2
Hamish Trlin		1	4
Josh Trlin			2
Katie Trott			2
Nicola Trott		1	2
Ben Turner			1
Callum Watts-Pointer			1
Total	7	13	14

SwimZone Racing Long Course Qualifying Meet

Seven swimmers attended this meet, hosted by SwimZone Racing (Formerly Swim City Aquatics) and held at Naenae Pool. The team consisted of Kahu and Matariki Styles, Bronagh Ryan, Dannielle Gaulofa, Stephanie and Callum Watts-Pointer and Jordan Mellars. While the team was small, it kept the Mana tradition of being vocal in support of those in the pool.

Dannielle took 2.20sec off her 200 free, Bronagh dropped .34 off her 100 free, Kahu took 1.08 off his 50 back and Matariki took .14 off his 50 free.

Thanks to Jacqui W-P for your support poolside and the team for their individual and collective sense of humour. Thank you to Pauline Ryan for team managing at short notice (Sandra must have been a good teacher).

Club Records Broken

Congratulations to the following swimmers who have broken club records recently.

New Record Holder	Age	Distance	Event	New Time	Previous Time	Previous Record Holder	Previous Date Set		Type
Jason Eason	19	50	fly open	25.66	26.01	Jason Eason	23.9.07	39	S/C
Jason Eason	19	50	free open	24.1	24.61	Jason Eason	2.9.07	40	S/C
Jason Eason	19	200	free open	1.54.17	1.54.94	Jason Eason	24.8.07	41	S/C

Wellington Summer Championships 18-21 January 2008

Jason Eason	19	100	free open	53.61	54.25	Jason Eason	03.04.07	42	L/C
Jason Eason	19	200	free open	1.58.03	1.59.99	Jason Eason	22.01.06	43	L/C
Jason Eason	19	50	fly open	26.39	26.48	Jason Eason	12/12/06	44	L/C
Rory Eason	17	50	brst	31.58	31.68	Oliver Young	Apr-95	45	L/C
Deborah Lynch	15	50	fly	31.13	31.58	Lucy Dunne	14.03.00	46	L/C
Susannah Lynch	11	50	brst	39.09	42.39	Nicola Trott	19.01.07	47	L/C

Upcoming Spank Division III Meet

16th March 2008



For a number of years our own Division III has been very successful with swimmers coming from through out the Wellington Region to compete. This meet is restricted to those swimmers who have NOT qualified for Junior Nationals, the National Age Groups and Division II meets. The flyer is now up on the notice board with entry details. Hopefully Mana Swimco will have the biggest team at the meet...please encourage your swimmers to take part and support the club's carnival.

This meet runs like a 'Championship' meet with multi age heats and age groups finals, medals, presentations and is a great learning ground for our up and coming swimmers. Many of those who are qualifying for National meets this year were finalists at Div III last year.

This meet is also a fundraising meet. Sponsorship details are: -

Advertising of the sponsor in the programme

A note of thanks that goes out to approx 120 families

Signage if supplied could be displayed on the day

¼ page advert \$30.00 GST inclusive

½ page advert \$55.00

Full page \$100.00

If your family, your neighbour, your firm or your employer would like to sponsor this meet please contact Linda George 2331-396.

We would also be keen to receive sponsorship by way of products for lucky lane prizes.

I have inside information too that Spank are having a big swim wear sale pool side ☺

UPCOMING EVENTS			
DATE	EVENT	VENUE	NOTES
FEBRUARY			
Sunday 10 th February	Gold Coast Meet	Cannons Creek Pool	Open to all swimmers Special 25m Free Warm Up 5pm

Saturday 16 th – Sunday 17 th February	New Zealand Junior National Championships	Kilbirnie Pool	Qualifying times needed
Saturday 23 rd February	Capital City Mazda Sprint Long Course	Kilbirnie Pool	Open to all swimmers Closes 12 th Feb Warm up 4.30pm
<u>MARCH</u>			
Tuesday 4 th – Saturday 8 th March	New Zealand Age Group Championships	QEII Leisure Centre Christchurch	Qualifying times needed
Sunday 16 th March	Spank Div III Please encourage your swimmer to enter, as this is our major fundraiser.	Cannons Creek Pool Open to anyone who has NOT qualified for Junior Nationals, National Age Groups or Div II	Write the name of swimmer and events on an envelope, place entry money \$3.00 per event in envelope and place in race secretary mailbox in the back room.
Wednesday 19 th – Saturday 22 nd March	2008 Div II Competition	Kilbirnie Pool	Qualifying times required
Anyone needing a copy of their times see Linda George			

A WORD FROM OUR SPONSORS

PRIDEX KITCHENS – Sponsor for Saturday Morning Squad Sausage Sizzle

Mike and Margriet Lynch of Pridex Kitchens are generously sponsoring this initiative so our ever-ravenous squad swimmers have something extra to look forward to when they get out of the water on Saturday mornings. If you are in need of a new kitchen or just some advice give Pridex a call 4998501. I'm sure Mike can help you out.

ROBYN SMITH - HARCOURTS WHITBY SPONSOR OF THIS NEWSLETTER

Robyn has two children swim at the club one in the squad and the other on club nights. Robyn is also offering to donate **\$200.00** to **MANA SWIMCO** for anyone willing to list their house sold by her. Robyn can be found at the **HARCOURTS WHITBY** office 234 6513 or 0274 335 004 (robyn.smith@harcourts.co.nz). So, here's a great way to help the club and return some of the goodwill from Robyn and Harcourts.



LEARN TO SWIM LESSONS

Our next course of seven lessons begins on February 17th and finishes on April 13th.

Note: There will be no lessons on either March 16th or 23rd.

Everyone is welcome

Reporting Times
9.15am for the 9.30 class,
or 9.45am for the 10am class.

As we would like to see all children wearing goggles, we will be offering good quality goggles for \$5.00 a pair to those registering in lessons. This offer is limited to one pair of goggles per participant and must be purchased when registering.

Lesson costs \$40.00 or \$45.00 with goggles.

LEARN TO SWIM HELP NEEDED!

If you would like to help coach Learn to Swim – please contact Viv Morton 234 7071

Mana Swimco Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Eileen Adams	237 8946
Treasurer	Michelle Seaton	
Race Secretary	Linda George	233 1396
Club Captain/Squad Liaison	Blair Loveday	234 1175
Officials Contact	Greg Tait	237 5588



MANA SWIMCO would like to thank the NZ Community Trust for their support in providing a grant towards our pool hire costs.