

*July-August 2008*

Welcome to this month's edition of the Mana Swimco Newsletter. We hope you find our swimming news both an informative and enjoyable read.



## 2008 INTERCLUB LEAGUE

**CONGRATULATIONS TO OUR THREE TEAMS, AND ESPECIALLY MANA BLACK THE OVERALL WINNERS!**

After a close and competitive series of swim meets on recount Mana Swimco's Black team were the winners of Wellington Swimming's 2008 Club League series. The final points were very close: -

1 <sup>st</sup>	Mana Swimco Black	558.5 points
2 <sup>nd</sup>	Tawa	557.0 points
3 <sup>rd</sup>	Raumati	554.5 points
8 <sup>th</sup>	Mana Swimco Turquoise	381.0 points
9 <sup>th</sup>	Mana Swimco White	242.0 points.

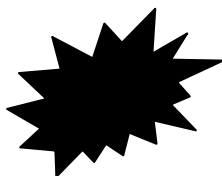
## Well done to all our teams!

Thanks to the Team Managers, Sarah Tait, Craig Marsters and Onolata Little, read their reports inside this edition. Thanks to all parents who officiated, assisted in set up or pack up, served the pizzas and helped out.

Special thanks to all our very vocal the supporters and to Swimming Wellington for supplying the pizzas.

## **RESULTS**

### **THE INTERCLUB LEAGUE**



#### **Mana Black Team Report**

The Mana Swimco Black Team for the recent Inter-Club League consisted of the following swimmers: - Nicole Tait, Letitia Saunders, Cassie Armitage, DJ Stapleton, Hinewaka Hokianga, Tana Salzmann, Katie Trott, Sarah Talbot, Grace Hunter, TJ Tulepu and Callum Watts-Pointer.

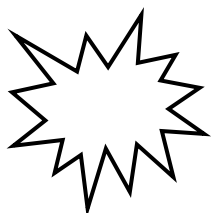
Well done to all swimmers and thanks to our older three swimmers (Nicole, Letitia and Cassie) for leading the way with some awesome swims and showing our younger team members just how it's done. Our relay teams showed great teamwork too.

Wow....This year the competition was very tight between us, Tawa & Raumati. After the first meet we were in 1<sup>st</sup> place by a small margin of just 8 points; after the second meet we were still in first place but with only 5.5 points between us and Raumati with Tawa hot on their heels. The third was unfortunately not our best with two swimmers unavailable (one swimmer on crutches!) plus a DQ, which dropped us into overall third position. However, at the fourth meet the team came back with some great swims (no DQs) which enabled us to scrape back into 1<sup>st</sup> place overall by the slim margin of 1.5 points. There was only 4 points between 1<sup>st</sup> & 3<sup>rd</sup> placegetters!!!

Over the four meets we only experienced two DQs which is a tribute to all of you with patience in the relays and overall great swimming.

Once again, well done to all the swimmers for your keen participation in the Black team. Thanks also to the parents for helping out with our teams' duties when required.

Sarah Tait - Team Manager



#### **Mana White Team Report**

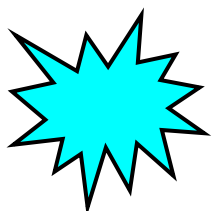
Mana White team members were Tracey Mills, Katie Churchill, Erin Chamberlain, Sarah Lakomy, Paris Lee-Fairbrother, Ruby Poutama, Laura Cameron, Katie Cameron, Lucy Newton-Smith, Konor Chamberlain, Jordan Harris and Brooklyn Saunders.

We had a great team and over the 4 weeks, each team member grew with confidence in each event they were asked to swim. Many tried different swimming strokes that they had never attempted in a race format before and surprised themselves that they were able to swim them.

Our awesome support for each other came through and we would have definitely won the most vocal team in the competition. Thank you to all the White team parents who were always supportive and helped with any duty we needed doing and bringing your child to all the swim meets.

It was a swim-sational competition and to the White Team you were all fantastic competitors.

Onalata Little - Team Manager



## Mana Turquoise Team

"What an awesome team. Go Team Turquoise! Being a first time team captain, I wasn't exactly sure how the team would respond to me, let alone how I would respond to the challenge of managing such a talented group of swimmers. After four successful Sundays of commitment and support by the team member's parents, it's no wonder the Turquoise Team swam so well.

The Turquoise team consisted of Brittany Turner, Brooke Marsters, Cassius Poutama, Ella Marks, Keely Saunders, Laura Hook, Laura Talbot, Lawrence Sherry, Megan Turner, Nicolas Sherry and Saasha Marsters; a great bunch of kids who encourages each other.

Once again, thanks parents for encouraging your kids to do so well."

Cheers – Craig

### Mana Swimco Records Broken Since the Last Newsletter

Name	Age	Distance	Stroke	Time	Previous Time	Name	Date Set
<b>Raumati Matariki Meet 28<sup>th</sup> June 2008</b>							
Clare Lechner	13	50	Free	29.1	29.34	Neesha Weiser	17.9.00

### Manawatu Winter Championships – 19<sup>th</sup> – 20<sup>th</sup> July

Trent Shields was our only swimmer to travel away to this meet. Trent swam extremely well receiving a bronze medal in his 200IM and 400Free, and Gold in his 200 Fly. Although he was the only swimmer in the open event swimming 200 Butterfly he swam a 10sec PB and is keen to return next year to defend his title.

Well done Trent

### SQUAD COACHING

Since Ben left we have been very fortunate to have had Bradley Hudson and Jason Eason, along with various parents over see the squad's afternoon training sessions. While we all appreciate that having a variety of coaches is not ideal we are very grateful for the great job they have done, especially Brad and Jason, who managed to fit in this extra work around their busy schedules.

In July MSC welcomed back Dennis Smith as a relief coach. Dennis filled in last year while Ben was overseas, and will take all our afternoon sessions in the meantime. Dennis has been around the swimming scene for many years. When my children started swimming (20yrs ago) Dennis coached at the Tawa Pool and was often seen officiating at local and regional meets. More recently he has been involved in various Learn to Swim programmes in the area.

As a coach Dennis has usually coached developing swimmers and he has had many successes along the way. Probably the most notable was when one of his swimmers took the title at Junior Nationals in 50m butterfly. - Viv Morton.

# THE ESTABLISHMENT

## RESTAURANT & BAR

### COURTENAY PLACE

#### UPCOMING EVENTS

DATE	EVENT	VENUE	NOTES
<b><u>JULY</u></b>			
Saturday 26 <sup>th</sup>	Tawa Qualifying Meet	Tawa Pool	Warm up 4.30pm; start 5.00pm Cash prizes \$6 per event Entries closed See noticeboard for details
<b><u>AUGUST</u></b>			
Saturday 2 <sup>nd</sup>	Top 10 #2	Wellington Regional Aquatic Centre, Kilbirnie	Warm up 5.00pm; start 5.45pm Entries close 25 <sup>th</sup> July See noticeboard or Swim Wellington Website for details
Saturday 9 <sup>th</sup>	Upper Hutt Last Chance Qualifier	Naenae Pool	Warm up 4.30pm, start 5.15pm \$6 per event Entries close 28 <sup>th</sup> July; cheques payable to Mana Swimco Race Secretary See noticeboard for details
Sunday 10 <sup>th</sup>	Palmerston North ASC Winter Carnival	Freyberg Community Pool	Limit of 4 events plus the relay \$4 per event Spot prizes 12.30pm warm up 1.30pm start Entries close 25 <sup>th</sup> July; Cheques payable to Mana Swimco Race Secretary See noticeboard for details
Saturday 16 <sup>th</sup>	Top 10 #3	Wellington Regional Aquatic Centre, Kilbirnie	Warm up 5.00pm; 5.45pm Entries close 8 <sup>th</sup> August See noticeboard or Swim Wellington Website for details
Friday 8 <sup>th</sup> – Sunday 24 <sup>th</sup> August	Olympic Games	Beijing	Great viewing
Saturday 30 <sup>th</sup> – Sunday 31 <sup>st</sup>	Wellington Short Course Champs	Wellington Regional Aquatic Centre, Kilbirnie	See noticeboard for details

Anyone needing a copy of their times see Linda George or Sarah Tait

## Top Ten Swim Meet

Congratulations to the following swimmers who have made Top Ten One.

Jason, Rory and Sophie Eason, Deborah, Aaron and Susannah Lynch, Nicola and Katie Trott, Ben Turner, Joshua and Hamish Trlin, Stephanie Watts-Pointer, Clare Lechner, Kahu Styles, Dannielle Gualofa, Jonathan Hunter, Bronagh Ryan and Nicole Tait. Natasha Smith made first reserve.

Anyone with up to date times can place their name on the list and be nominated for the next Top Ten meets. If you are unsure just list your name as the race secretary can check times for you.

## 2007 – 2008 CLUB PRIZE GIVING 20<sup>th</sup> July 2008

Age Group Medals and numerous Cups and Trophies, and Certificates were presented at to those who had done well at our Club Championships, at our Prize Giving on July 20<sup>th</sup>. It was good to see a large number of supporters along to 'Congratulate' the winners.

Age Groups medals went to: -

Age	Gold	Silver	Bronze
7yrs	Grace Hunter Jordan Harris	Brooklyn Saunders Nicholas McFadgen	Alexandra Coup
8yrs	Saasha Marsters Brett McBride	Katie Cameron Xavier Rapson	Lucy Newton-Smith Logan Hoare – 3 <sup>rd</sup> equal Christopher Parson – 3 <sup>rd</sup> equal
9yrs	Katie Trott Callum Watts Pointer	Sarah Talbot Bailey Coup	Keely Saunders Nicholas Sherry
10yrs	Jessie Blizzard-Stott TJ Tulepu – 1 <sup>st</sup> equal Ryan McBride – 1 <sup>st</sup> equal	Kotuku Doyle	Olivia Parsons Liam Hawthorne
11yrs	Susanna Lynch Hamish Trlin	Danielle Gualofa DJ Stapleton	Hinewaka Hokianga Lawrence Sherry
12yrs	Nicola Trott Trent Shields	Letitia Saunders Jonathan Hunter	Nicole Tait
13yrs	Clare Lechner Joshua Trlin	Sophie Eason Aaron Lynch	Emma Hoare Ben Turner
14yrs	Bronagh Ryan Matariki Styles	Stephanie Watts-Pointer Daniel Albert	Michael Hook
15yrs	Nicole Loveday	Holly Jenkins 2 <sup>nd</sup> equal Natasha Smith 2 <sup>nd</sup> equal	
16yrs	Deborah Lynch	Stephanie George	
17&O	Jason Eason	Rory Eason	Kahu Styles

Amongst our Cups there are several that are awarded for performances during the year.

**Trent Shields won the Personal Best Trophy.** This is similar to the 200m Time Trial trophy, but covers all strokes and distances.

**Jason Eason won the Record trophy** for breaking the most club records during the year.

**Hamish Trlin won the 200m time trial trophy.** Swimmers who swim this distance at least four times and improve their 200m freestyle time over the year earn points for each second of improvement. Points are awarded on a graduated scale – the faster you go the more points you earn.

**The Nicols Trophies were awarded to Jason Eason and Bridget Tait.** These trophies go to the boy and girl who the committee believe have made an outstanding contribution to the club during the year. – attendance, helping out, try hard, being a good role model, showing outstanding sportsmanship training hard – are all things considered in awarding these trophies.

**Pru Young Memorial Trophy – Mana Swimco’s Swimmer of the Year.** This Trophy was awarded to Susannah Lynch for her outstanding swims at Junior Nationals.  
*Congratulations Susannah*

## **A WORD FROM OUR SPONSORS**

### **RE/MAX-LEADERS SPONSOR OF THIS NEWSLETTER**

Sharli-Jo Solomon known by friends and family as Sharli is happy to support Mana Swimco by printing our newsletters. Sharli works for RE/MAX Leaders mostly from home, but the Porirua Office is her base.

Sharli is always happy to talk to anyone about what is happening in the world of Real Estate, or her other great passions FOOD and FAMILY. You'll find Sharli waiting for her son Paris on Monday and Friday nights.

<b>Mana Swimco Club Contacts</b>		<b>Phone</b>
President	Viv Morton	234 7071
Secretary	Eileen Adams	237 8946
Treasurer	Sandra Marks	
Race Secretary	Sarah Tait	237 5588
Club Captain/Squad Liaison	Onolata Little	
Officials Contact		

### **Contact Details Database**

We are continually updating our club records and e-mail contact list. If your home address, e-mail addresses and contact phone numbers have changed please ensure you let us know and can keep you informed. Can families please send their name, home address and current e-mail address to: [-manaswimco@paradise.net.nz](mailto:-manaswimco@paradise.net.nz) or alternatively advise the person on duty at the club table.



MANA SWIMCO would like to thank the NZ Community Trust for their support in providing a grant towards our pool hire costs.