

APRIL 2008

Welcome to this month's edition of the Mana Swimco Newsletter. We hope you find our swimming news both an informative and enjoyable read.



Congratulations!

Well done to Trent Shields for his selection in the 2008 – 2009 Age Group Development Programme

STOP PRESS UPDATE!

It is with regret that we announce the resignation of our professional coach, Beniot Lavigne. Ben is leaving the Club to further pursue his Learn-to-Swim business venture in Wellington. We wish Ben every success with this venture.

Prior to Ben's resignation, the Committee had begun preliminary discussions with Porirua Swimming Club regarding the feasibility of a merger of the two clubs. We believe such a move is in line with our Strategic Direction from a growth and sustainability perspective. Ben's resignation has provided a catalyst for increasing the intensity of these discussions. We will keep you informed of developments in this area. A formal update on developments is planned for the Club's AGM on 23 May (further details below).

Holiday Breaks for Squad Swimmers

Squad Swimmers will take a break during the first week of the school holidays 21st - 27th April.

Holiday Breaks for Club Swimmers

During the school holidays there will be swimming for Club Swimmers on Monday 21st and 28th April and Friday 2nd May. Club members wishing to do short distance badges are to come at 6pm. Those wanting to attempt the longer distance or 1km timed badges come at 6.45pm. All swimming will finish at 7.30pm.

There is no swimming Friday 25th April (Anzac Day).

We Have a New Website!

Mana Swimco is proud to announce the launch of their new Website. After lots of hard work from Greg Tait it is up and running (thanks Greg).

You can check it out at: - www.manaswimco.org.nz

REMINDER MEMBERSHIP FEES FROM 1ST JANUARY – 30TH JUNE 2008

In line with Swimming NZ, Mana Swimco is transitioning its membership year from April – March to July – June. The table below shows the fee structure that will be applied during the period of transition (January – June 2008).

Existing members should already be paid up until 31 March 2008. A one-off payment of \$35 is now (April) due from these members to cover their membership from 1 April to 30 June 2008.

A single tiered membership fee is due from new members who join between January and June 2008. New members must complete a membership enrolment form; each new member will receive a free cap on receipt of their membership fee payment.

If you haven't paid your fees, please pay them this month.

Transition Fee Structure January – June 2008

Month	Members pre 31 December 2007	Due on new members joining
January/February	-	\$60.00
March	-	\$50.00
April	\$35.00	\$40.00
May	-	\$35.00
June	-	\$25.00

CLUB CHAMPS, AGM, TEN-PIN BOWLING & PRIZE-GIVING – Friday 23rd May 2008

Club champs will be held on the 9th and 12th of May. Warm-up 6pm for a 6:30pm start.

Mana Swimco's AGM is scheduled for Friday 23rd May. Our AGM will follow a similar format as last year and includes a free game of 10-pin bowling for our swimmers while the AGM runs concurrently in a meeting room at Bowland.

Important timings are: -

- Bowling commences 5.45pm
- AGM at 6.30pm.

This year's prize giving will be held at a later date to allow time for the trophies to be engraved following Club Champs. Prize-giving details will be advised in the next newsletter.

Please note: only swimmers may take part in the ten-pin bowling – brothers and sisters are welcome to come along and watch.

To list your names for bowling, see the noticeboard. It is important to list your names so that teams can be made up in advance. I hope to see you there.

BRING BACK THE TROPHIES

Can all the cups and trophies won by last years prize swimmers be returned, cleaned and in good repair by Friday 9th May to Eileen please.

RESULTS

Gold Coast Chocolate Carnival – 9th March 2008

Just imagine 25 swimmers, all swimming for chocolate. They were Cassie Armitage, Dannielle Gaulofa, Hinewaka and Kahurangi Hokianga, Grace and Jonathan Hunter, Holly, Rose and Kate Jenkins, Aaron Lynch, Jordan Mellars, Tana Salzmann, Brooklyn, Keely and Letitia Saunders, Rosalie and Trent Shields, Craig Stapleton, Bridget and Nicole Tait, Laura and Sarah Talbot, Katie and Nicola Trott and TJ Tulepu.

Once again there was some great swimming with some big pb's; Craig Stapleton took 13.08 seconds off his 200IM. Laura Talbot 18.96 seconds off her 100 free. Katie Trott took 11.60 seconds off her 200brst and Nicola Trott 19.76 seconds off her 400 free. Tana Salzmann took 14.66 seconds off his 100 back, Dannielle Gaulofa 25.85 seconds off her 400 free and Jonathan Hunter 18.44 seconds off his 200 free. Aaron Lynch 10.61 seconds off his 100 back and 10.04 seconds off his 100 brst, Brooklyn Saunders took 3.49 seconds off her 50 free and Kate Jenkins took 2.75 seconds off her 100 free.

I hope those of you who got chocolate bars enjoyed them and those of you who didn't; not to worry there is always next time.

Thanks to all the parents who helped with our duties and to Glen Saunders for team managing.



Spank Division III Meet - 16th March 2008

As always this was such a thrilling meet, I love seeing the bright smiles on the faces of our swimmers standing on the podium receiving their medals especially those receiving one for the first time. This was a long day but well worth it.

A big thank you to our major sponsor Spank Swimwear (also Jake and Ella for their help), all the parents and officials who helped with timekeeping, IOTing etc and to Matt Meehan, Graham Seagull and Veronica Gould for giving up their Sunday to lend a hand. To Kay Hudson thanks for filling in for Viv and lending me a hand both on the day and in the lead up.

Thanks also to Sandra Bednarek for the programme (0,3,0,4,0,7,0,0,6,11,0,13,0,0 that shall be our secret☺). To Heather Turner and Sarah Tait, thanks for organising the lucky lane prizes, some really neat feedback on these. Thanks to Robyn for helping in the office and Blair for being there and looking important ☺. Everyone your help was appreciated.

Now to the swimmers; Cassie Armitage, Katie Churchill, Emma Hoare, Hinewaka Hokianga, Grace Hunter, Holly, Rose and Kate Jenkins, Brianna Loveday, Brooke Marsters, Jordan Mellars, Tana Salzmann, Letitia Saunders, Natasha Smith, Craig and DJ Stapleton, Nicole Tait, Sarah Talbot, Katie Trott, TJ Tulepu, Brittany and Megan Turner and Hayley Wilkins.

There was some mighty fine swimming from you all. Well done I hope you enjoyed yourselves. It was nice to see some of our newer first time swimmers competing and also some more experienced swimmers branching out and swimming in 100m events.

Megan and Brittany (who are twins) swam in different heats of the 100m Breast but swam exactly (even the splits!) the same time as each other, that still brings a smile to my face. I hope to see you all back next year (unless of course you make Juniors, Div 2 or NAGS), once again great swimming guys.

Our Spank Division III medal tally: -

Emma Hoare	13yrs	1st 100 free, 1st 100 IM, 1st 100 fly, 1st 100 back, 2nd 100 brst
Hinewaka Hokianga	10yrs	1st 100 brst
Holly Jenkins	15yrs	2nd 100 brst, 2nd 100 back, 3rd 100 IM, 3rd 100 free
Brianna Loveday	13yrs	3rd 100 back
Tana Salzmann	10yrs	1st 100 IM, 1st 100 brst, 2nd 100 free
Letitia Saunders	12yrs	2nd 100 back, 2nd 100 fly, 3rd 100 brst,
Natasha Smith	15yrs	1st 100 free, 1st 100 brst, 2nd 100 IM, 3rd 100 back
Craig Stapleton	13yrs	1st 100 fly, 2nd 100 IM,
DJ Stapleton	10yrs	1st 100 back, 2nd 50 fly
Nicole Tait	12yrs	1st 100 free, 1st 100 brst, 2nd 100 IM, 3rd 100 fly, 3rd 100 back
Katie Trott	9yrs	3rd 100 brst

Division II Competition 19th – 22nd March - Kilbirnie Pool

Division II is a National Competition held over 4 days with swimmers competing from all over New Zealand. For some of our swimmers this was the first meet of its kind that they had swam at and the atmosphere was electric. The swimmers weren't just swimming for Mana but for Wellington.

I'd like to thank Wellington Swimming for hosting this event, our coach Ben and all the Mana parents whom took time off work to help with duties.

Mana Swimco had 11 swimmers qualify for this meet. Nicole Loveday, Stephanie George, Stephanie Watts-Pointer, Sophie Eason, Susannah Lynch, Aaron Lynch, Nicola Trott, Bridget Tait, Trent Shields, Ben Turner and Joshua Trlin.

Nicole Loveday, Stephanie George, Susannah Lynch, Stephanie Watts-Pointer and Trent Shields were also selected for the Regional relay teams. Nicole Loveday's team achieved a 2nd placing and Trent Shields team came 3rd.

The highlight for me was watching Mana Swimco's 15 and over girls freestyle relay. Nicole and Stephanie G were the only two 15-year olds so I had to swim Sophie and Stephanie W-P up (they are 13-year olds). However, these four swimmers swam an awesome race. At the final change over Mana were in 5th place when Stephanie G dived in and swam an awesome swim to get them into 2nd place. The smiles on their faces (and mine) when the girls saw they had come 2nd spoke a thousand words, it was just awesome and that was only day one! Over the following four days there were many great swims from our swimmers and many PB's. Well done to you all.

Results Div II	
Stephanie George	3rd 50 back, 4 th 50 free, 6 th 100 IM and 7 th 100 back
Nicole Loveday	4 th 400 IM, 9 th 200 IM
Susannah Lynch	8 th 50 brst and 200 brst
Trent Shields	2 nd 100 free, 5 th 50 free, 6 th 200 IM
Joshua Trlin	7 th 200 brst


Inter Club League

The Interclub League is held over 4 Sunday nights and we ask if you are in a team that you attend each of the nights of 11 May, 25th May, 15th June, 29th June.

This is open to all swimmers 12 and under who did **NOT** qualify for New Zealand Juniors. If you are interested see the notice board for details and add your name to the list. We will do our best to get everyone into a team but please be aware due to the age restrictions and numbers per team, that some swimmers may miss out.

A note to parents

For safety reasons and now that daylight saving has finished we are asking all parent dropping off or picking up your child/ren on club nights, please do so inside the pool. We do not want children waiting for a ride and/ or wandering around outside.



MANA
SWIMCO

LEARN TO SWIM LESSONS

Our next course of seven lessons begins on May 11th and finishes on June 29th.

Note: There will be no lessons on Sunday June 8th, Queens Birthday.

Everyone is welcome

Reporting Times
9.15am for the 9.30 class,
or 9.45am for the 10am class.

Lesson costs \$40.00

LEARN TO SWIM HELP NEEDED!

If you would like to help coach Learn to Swim – please contact Viv Morton 234 7071

Correction

In last month's newsletter, we incorrectly advertised that all newcomers to the Learn-to-Swim programme would receive a free set of goggles with their paid entry. This was a limited offer for the first term only and will not apply to the second term programme. Apologies for any confusion caused.

Contact Details Database

We are currently updating our club records and e-mail contact list and notice that a few e-mail addresses have changed. To ensure we have accurate information and can keep you informed, can families please send their name, home address and current e-mail address to: - manaswimco@paradise.net.nz

Records Broken Recently

Congratulations to the following swimmers who have broken club records recently!

New Zealand Junior Nationals 16th - 18th Feb 2008

Susannah Lynch	11	100 Breast	1.25.27	1.25.39	Liza Vaega	22.2.92	51	L/C
Susannah Lynch	11	200 Breast	3.01.20	3.04.54	Liza Vaega	21.2.92	52	L/C

New Zealand Age Group Championship 4th - 8th March 2008

Deborah Lynch	15	50 Back	33.55	33.93	Rosemary Morton	16.2.94	52	L/C
Deborah Lynch	15	50 Breast	37.15	36.49	Deborah Lynch	6.3.07	53	L/C
Deborah Lynch	15	200 Breast	2.56.33	2.57.59	Deborah Lynch	7.3.07	54	L/C
Rory Eason	17	50 Breast	31.56	31.58	Rory Eason	18.1.08	55	L/C

Division 2 Championships 19th - 22nd March 2008

Nicole Loveday	15	400 IM	5.46.25	5.51.02	Lucy Dunne	22.9.00	56	S/C
Susannah Lynch	11	50 Breast	38.34	40.03	Neesha Wieser	19.7.99	57	S/C
Stephanie George	16	50 Free	29.66	31.09	Stephanie George	8.9.07	58	S/C
Stephanie George	16	50 Back	33.87	34.71	Jessica Douglas	22.9.00	59	S/C
Stephanie George	16	100 IM	1.16.11	1.17.49	Jessica Douglas	22.9.00	60	S/C
Trent Shields	12	50 Free	28.01	28.75	Jason Eason	25.8.01	61	S/C
Trent Shields	12	100 Free	1.00.73	1.04.07	Jeremy Lane	21.7.00	62	S/C
Trent Shields	12	200 Free	2.19.24	2.20.82	Oliver Young	Jan-90	63	S/C

A WORD FROM OUR SPONSORS

PRIDEX KITCHENS – Sponsor for Saturday Morning Squad Sausage Sizzle

Mike and Margriet Lynch of Pridex Kitchens are now generously sponsoring this initiative so our ever-ravenous squad swimmers have something extra to look forward to when they get out of the water on Saturday mornings. If you are in need of a new kitchen or just some advice give Pridex a call 4998501. I'm sure Mike can help you out.

RE/MAX-LEADERS SPONSOR OF THIS NEWSLETTER

Sharli-Jo Solomon known by friends and family as Sharli is happy to support Mana Swimco by printing our newsletters. Sharli works for RE/MAX Leaders mostly from home, but the Porirua Office is her base.

Sharli is always happy to talk to anyone about what is happening in the world of Real Estate, or her other great passions FOOD and FAMILY. You'll find Sharli waiting for her son Paris on Monday and Friday nights.

Mana Swimco Club Contacts		Phone
President	Viv Morton	234 7071
Secretary	Eileen Adams	237 8946
Treasurer	Michelle Seaton	234 1398
Race Secretary	Linda George	233 1396
Club Captain/Squad Liaison	Blair Loveday	234 1175
Officials Contact	Greg Tait	237 5588

UPCOMING EVENTS

DATE	EVENT	VENUE	NOTES
<u>MAY</u>			
Sunday 4 th	Gold Coast Matson Trophy	Raumati Pool	A mixed zone competition, all swimmers must have a time to compete. Entries close 28 th April. Enter by placing your name on the notice board. Warm up 5pm. Door entry swimmers \$4.00, everyone else \$1.00.
Friday 9 th	Club Championships	Cannon's Creek Pool	Information on the Notice Board 6pm start
Sunday 11 th	Interclub League	To be advised	Open to all swimmers 12 & under who did not qualify for NZ Juniors. Restricted numbers per team. Requires attendance at all four meets.
Monday 12 th	Club Championships	Cannon's Creek Pool	Information on the Notice Board, 6pm start
Saturday 17 th	Go for Gold Short Course Signature Meet	Kilbirnie Pool	Closes 2 nd May. See notice board for full details.
Friday 23 rd	Mana Swimco AGM & Bowling night	Bowland Kenepuru Drive Porirua	Bowling for Mana Swimco swimmers commences at 5.45pm. AGM commences 6.30pm.
Sunday 25 th	Interclub League	To be advised	As per above.
<u>JUNE</u>			
Sunday 8 th	Mana Swimco Novice Carnival	Cannon's Creek Pool	Open to all swimmers 8yrs & under or those that have not swum in more than 3 zone meets or qualified for Wgtn Champs. Entry Fee \$3.50 per event. Entries close 23 rd May with Linda George.
Sunday 15 th	Interclub League	To be advised	As per above.
Sunday 29 th	Interclub League	To be advised	As per above.
Anyone needing a copy of their times see Linda George			



MANA SWIMCO would like to thank the NZ Community Trust for their support in providing a grant towards our pool hire costs.